

## Plan India Impact Awards 2022

### Category Specific Guide

#### Anganwadi Worker

An Anganwadi Worker (AWW) is a part-time worker who delivers services at the Anganwadi Centre (AWC). She is a woman within the locality with an educational qualification up to middle school, matriculation, or higher. An Anganwadi typically covers a population of 1,000 community members in both rural and urban areas and 700 in tribal areas. A functional unit of the ICDS programme, the centre involves different groups of beneficiaries, primarily children of 0-6 years age group.

#### Roles and Responsibility of Anganwadi Worker

The AWW has to engage in different job responsibilities. She is the focal point for providing information to beneficiaries on various services, including health, nutrition, and early learning initiatives under Early Child Care and Education. Her primary responsibility is to run the ICDS centre for children from 0 to 6 years.

She also coordinates immunization camps and health check-up camps. Her responsibilities include undertaking community surveys and enlisting beneficiaries. She works for primary health care and first aid, referral services to the severely malnourished, sick and at-risk children, and enlists community support for Anganwadi functions. She also organizes adolescent girls' and mothers' groups, ensures nutrition supplementation for all beneficiaries and school enrolment of children, and maintains records and registers.

#### Indicators

**Impact:** How did the nominee create an exemplary lasting impact on individuals or groups under challenging and adverse circumstances? How did the Anganwadi Worker demonstrate exemplary processes to bring about positive changes in children's growth and development, adolescent girls and women welfare in the last year from **01<sup>st</sup> January 2021 to 31<sup>st</sup> December 2021**, including the COVID-19 period?

#### Key Indicators

The effective physical, social, and emotional development of children through growth monitoring and early learning activities through the ability to accurate measurement of:

- No. of children and other beneficiaries mobilised for activities at the Anganwadi
- No. of families with malnourished children - visited, counseled and referred to NRC (Nutrition Rehabilitation Center) /higher health facilities for improvement
- No. of malnourished children improved and sustained normal nutritional status
- No. of adolescent girls whose anemic status was restored to normal
- Maintenance of accurate and timely records and reports
- No. of pregnant & lactating mothers, including families with pre-school children provided with Take Home Ration during COVID-19/ lockdown period.
- Supported Government initiatives in the fight against COVID-19 such as awareness of

COVID 19, monitoring the quarantine facilities, listing the migrant population coming to villages, door to door surveys for various purposes and participating in COVID test drives.

- Key challenges/ adverse circumstances the AWW faced, and how she addressed it
- What steps were taken by AWW to ensure the nutrition status of all children in the Anganwadi with specific attention toward children who are severely malnourished and/or socially & emotionally challenged
- How many young girls were counseled and provided services on nutrition; (including anemia treatment/prevention) and menstrual hygiene management (Including regular supply of sanitary napkins to girls and women) to ensure their health and well-being?
- What steps AWW has taken to make sure parents are aware of best child care practices/responsible parenthood (e.g. Parents trained on how to play, communicate and sing with children promote child-safe spaces in the community)
- What steps AWW has taken to influence parents to ensure regular attendance of children at the Anganwadi centre and other beneficiaries to access services from the Anganwadi as a group
- How AWW has influenced the Panchayats/ ICDS/ health department to deliver basic services to Anganwadi centre for safe drinking water and sanitation facilities; adequate learning materials for all children, and additional services to the hamlet for special services for the children with disability?

**Innovation:** Innovative technique(s) used by the Anganwadi Worker to improve efficiency, and address issues and real-time challenges in the course of work.

**Key Indicators**

- Innovative actions in making the AWC, a model AWC
- Innovations/ alternative means to improve service delivery in the Anganwadi Centre.
- Utilised Panchayat/ other funds for community involvement and community ownership of Anganwadi.
- Empowerment of adolescent girls to become change agents for anemia prevention Menstrual Hygiene Management, and responsible parenting.
- Innovative activities in organising Village Health Sanitation and Nutrition Days.
- Innovations in delivering services during COVID-19

- What is the out-of-the-box initiative/idea (service or product), and how effective has it delivered the impact?
- How has the stakeholders' involvement in achieving a better outcome and strategies been undertaken?
- COVID-19 Alignment: Denotes the project sustainability in the pandemic. Evaluating the alignment/re-alignment of the work/initiative to overcome the challenges faced due to lockdown/pandemic.
- Sustainability and Exit Strategy: Means and measures are taken to ensure the outcomes' sustainability after the intervention's completion and how well the exit strategy is planned (if applicable).

**Mandatory evidence:** Please attach evidence to support your story. Evidence can be newspaper clippings, photos, video clippings that can be verified independently, letters of appreciation, or any award received for the achievement mentioned.

**Note:**

- **This guidance indicator sheet is for reference purposes only. The nominator must justify the exemplary performance of the nominee beyond their regular role, demonstrating an excellent course of action under each parameter. Please use quantifiable numbers or percentages in the Impact section.**